

# Motivation of the Three Dimensions

## *A Deeper Understanding of the Three Dimensions*



*“Motivation refers to the underlying force or hidden agenda which either moves and positively supports us to do what we do or works actively to attract negative attention, and undermine or sabotage our goals. Motivation is expressed through our attitudes and emotions. By becoming aware of and clearing unconscious limiting beliefs and emotional reactivity, we are able to integrate fragmented self-concepts and resolve conflict.”*

Patricia Leahy-Shrewsbury

**Pre-requisite:** Brain Gym® 101  
**Instructor:** Patti Leahy-Shrewsbury  
**Course Date:** Mon 21<sup>st</sup> & Tues 22<sup>nd</sup> September 2015 9am – 5pm  
**Course venue:** Kinesiology Conference, Banff, CANADA  
**Cost:** Early Bird: \$380 CAN Full Price: \$400 CAN  
**Contact:** [conference@canask.org](mailto:conference@canask.org) [www.celebrate2015.com](http://www.celebrate2015.com)

385 -MTD is a **Pilot Edu-K/Brain Gym® Course** accredited by Brain Gym® International.  
Attending Brain Gym instructor/consultants receive re-licensure credits (16 hours)

### Course Content:

- New In Depth Checks, Affirmative Statements and Role Plays to explore the motivation of the Laterality, Centering and Focus Dimensions.
- This course is taught within the Brain Gym® 101 Balance framework with new Learning Menu.
- Backwards Repatterning, Sideways Repatterning and Three Directional Repatterning to support integration of reflexes and the past, present and future.
- Visual Metaphor Balance.
- Motivation Integration Technique.
- Motivation Integration Technique Using a Surrogate. This component is valuable for consultants who work with babies, non-verbal clients, and/or people with limited movement.

### Course Author Patricia Leahy-Shrewsbury:

Patti is an International Faculty member (Australia) for the Educational Kinesiology Foundation USA, and an instructor of Touch for Health and Rhythmic Movement Training. She is a professional member of ATMS, AKA, BGA, BGI and RMTI with 29 years of Kinesiology experience. Her Cellular Memory Integration course © 1995 is accredited with the AKA. She also is author of the inspirational book *Human Crystals* and the meditation course, Soul Braiding.